



December 2023

Online gaming safety awareness.

The Online gaming industry is colossal both in terms of its' scale and reach. For many people, online gaming is a huge part of their online activities, in-fact it is *estimated that a staggering 1.1billion people play online games.* Online gaming - Statistics & Facts | Statista

When we consider that the internet is not hindered by physical or geographical boundaries, the reality is that we can be gaming with anyone from a close friend to strangers from any part of the world.

Also, the level and types of communication online games offer has evolved over recent years. Initially online gaming was separate to social media, they now greatly overlap with online social sharing sites.

In fact, most children's first interaction with someone they don't know online will be on an online gaming platform.

In these games players do not necessarily know who they are associating with, as anyone can be who they want to be online.

Online player profiles may look to be like other children but it is difficult to be sure if this is the case.



We have to be aware and ask the question of ourselves as adults and of our children, young people and our most vulnerable, when gaming online do we really know who we are associating with? Have we shared personal information within chats or even struck up a relationship away from the gaming platform having only met online?

Whilst being online in itself is a relatively enjoyable experience, especially in terms of the global interaction gaming brings, it is safer when we know who we are gaming with.

There is no doubt that online criminals use gaming platforms to coerce and manipulate genuine gamers in order to turn any situation to their advantage.

Because of this, parents and carers need to understand the games their children are playing and also how to set them up so their children are safe.

This festive period there will be many people new to online gaming whether this is on a PC, games console, phone etc. The following link to the NCSC (National Cyber Security Centre) will support you as a Parent or Carer and gamer, to help you enjoy online gaming more securely and by just following a few tips, can help prevent you falling victim to an online gaming criminal.

[Online gaming for families and individuals - NCSC.GOV.UK](https://www.ncsc.gov.uk/online-gaming-for-families-and-individuals)

For those with younger family members to think about, online gaming can be an added stress with concerns such as cyberbullying, excessive time spent playing online games, to unscrupulous games which encourage children to pay for improved avatars or other content. If you have younger family members who are gaming online the following links, to our trusted partners, will provide you with support and guidance from what parents and carers need to know, to gaming safety tips, to choosing the right console and understanding online games.

[Gaming: what parents and carers need to know \(thinkuknow.co.uk\)](https://www.thinkuknow.co.uk/gaming)

[Gaming consoles and platforms - Internet Matters](#)

[Games console for your child: What you need to know | Internet Matters](#)

[Online gaming top tips for parents - Internet Matters](#)

[How to Ensure Your Children Stay Safe While Playing Online Games | NSPCC](#)

Information from Police Scotland Cybercrime Harm Prevention Team
All information correct at time of distribution. 01/12/2023