

Do you know what's around the corner? No of course you don't, but you can improve your chances of making this prediction. None of us can see into the future, but riding instinct created through time in the saddle, experience and training can help us anticipate what might be there. By thinking about how you approach a corner, hazard or any other manoeuvre, helps us to increase our options once committed.

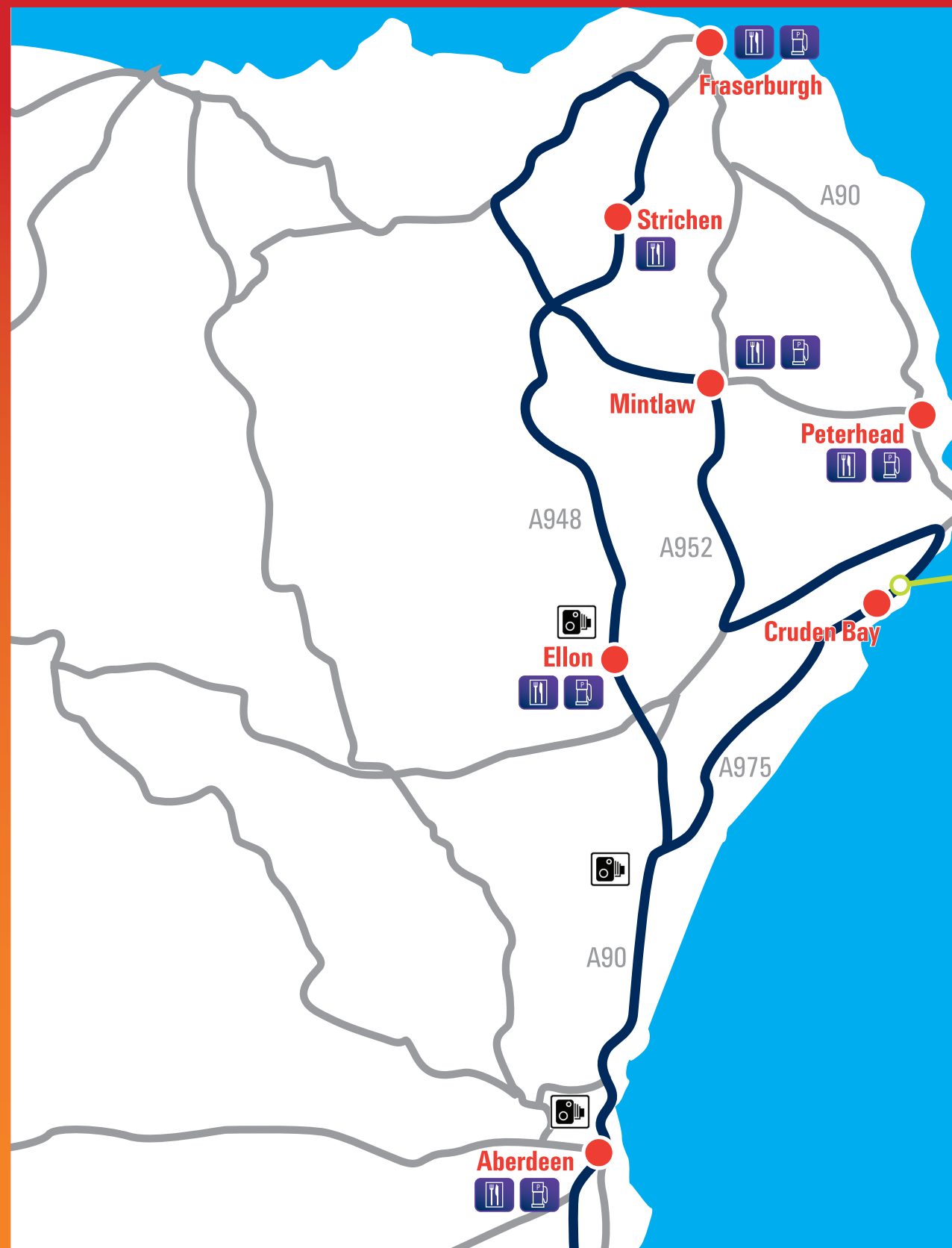
Throughout the season our advanced bikers will be out and about on these routes giving tips and advice and occasionally, if you're lucky, free coffee. They may even have some goodies in those panniers - so don't be shy, if there's something you want to know on how to improve your skills, just ASK!

The North East is a beautiful place, if you're looking for great roads, biker friendly rest stops and advice from the professionals - then come out and have a great day and a safe ride.



[www.aroundthecorner.org.uk](http://www.aroundthecorner.org.uk)

**BUCHAN BENDS:** Distance: 103 miles Time: 2 hours 49 mins



#### KEY



Campaign  
Friendly Premises



Food



Fuel



Safety Camera  
Location

The towns of Strichen, Mintlaw, Fraserburgh and Cruden Bay provide opportunities for refuelling and refreshments as well as parks, nature reserves and a castle at Cruden Bay.

Fold out for  
**The Buchan Bends**  
route map  
and turn over for  
**The Moray Run**  
and  
**The Dee & Don**  
route maps